



# Keeping Kids Healthy with COVID-19 and Routine Vaccines

Getting your children vaccinated is one of the best ways to protect them and others!



## LEARN THE FACTS--VACCINES ARE:

- **SAFE**

All vaccines, including COVID-19, have been tested and monitored for safety. Your child can get a COVID-19 vaccine and other vaccines at the same visit.

- **EFFECTIVE**

Vaccines have eliminated or greatly reduced many diseases which were once common, like smallpox and polio. COVID-19 vaccines are highly effective in preventing severe illness and hospitalizations.

- **AVAILABLE FREE OR LOW-COST**

COVID-19 vaccines are free regardless of insurance or immigration status. Most other vaccines are covered by major insurance companies.

If you don't have insurance or need help paying for routine vaccines, ask your doctor about the [Vaccines for Children Program](#).



## CATCH UP ON MISSED VACCINES

During the beginning of the pandemic, there was a decrease in the number of children vaccinated. Get children caught up on missed vaccines to prevent serious diseases that can harm them and others.



## GET THE COVID-19 VACCINE

Vaccinating children ages 5 years and older\* can help keep them in school and help them safely participate in sports, playdates, and other group activities.

### Resources:

[CDC: COVID-19 Vaccine for Children and Teens](#)

[CDC: COVID-19 Frequently Asked Questions](#)

[NJDOH: COVID-19](#)

[NJ School Immunization Requirements](#)



\*Currently, the Pfizer/BioNTech vaccine is the only one available for children 5 and older.